QUEST PACKING LIST

One small duffel or backpack for your gear
Costume packet - you will be arriving to Quest wearing one of the costumes
2 pairs of shorts/leggings to wear under costumes
2 T-shirts to wear under costumes
Warm pajamas
3 pairs of socks
Underwear
Light raincoat or poncho
Good trail shoe or tennis shoe you are comfortable walking in
Jacket or hoodie

Bedding - ALL TO BE PACKED and rolled IN ONE LABELED GARBAGE BAG sleeping bag, camping pad, pillow
toothbrush and toothpaste
Deodorant, baby wipes, and good smells (remember there are no showers)
Washcloth for face washing
Feminine hygiene/toiletries
Garbage bag for dirty clothes
Chapstick and sunscreen
Headlamp or flashlight
Camping chair - to remain at campsite

We are providing a refillable water vessel for all attending Quest

We are unplugging for this 3-day Quest. Leave your phones at home. There is not a power source for phones. Tribe leaders will have phones in case of emergency and photographers/videographers will be there to capture the experience.

Medical questions or concerns - Dr. Scott Partridge 602-228-1025 Dietary restrictions/allergies - Jennifer Badgett 435-764-3073